



## Ting Ho Chinese Restaurant

Phone: 203-630-0332

Address: 533 S Broad St Meriden, CT, 06450-6661

Site: [tinghochinesefood.com](http://tinghochinesefood.com)

Fax:

### Appetizers

1	Egg Roll	\$1.25
2	Shrimp Roll	\$1.25
3	Spring Roll(2)	\$2.50
4	Vegetable Spring Roll(2)	\$2.50
5	Chicken Fingers	(S.) \$4.50 (L.) \$7.25
6	Boneless Spare Ribs	(S.) \$5.50 (L.) \$8.75
7	Bar-B-Q Spare Ribs	(S.) \$5.75 (L.) \$10.95
8	Beef Puff	\$3.25
9	Shrimp Toast	\$3.25
10	Bacon Roll(4)	\$4.25
11	Sliced Honey Roast Pork	\$5.25
12	Fried Wonton(8)	\$3.75
13	Fried or Steamed Pork Dumpling(6)	\$4.50
14	Fried or Steamed Vegetable Dumpling(6)	\$4.50
15	Shrimp Rangoon(8)	\$3.95
16	Crab Meat Rangoon(8)	\$3.95
17	Sweet Bun(10)	\$3.25
18	Dim Sum(Shaomai)	\$4.50
19	Cold Noodle w. Sesame Sauce	\$4.50
20	Pu Pu Platter(for 2)	\$11.25

### Soups

21	Wonton Soup	(Pt.) \$1.75 (Qt.) \$3.50
22	Egg Drop Soup	(Pt.) \$1.50 (Qt.) \$2.95
23	Wonton Egg Drop Mixed Soup	(Pt.) \$1.75 (Qt.) \$3.50
24	Chicken Noodles or Rice Soup	(Pt.) \$1.75 (Qt.) \$3.50
25	Hot & Sour Soup	(Pt.) \$1.75 (Qt.) \$3.50
26	Bean Curd w. Vegetables Soup	(Pt.) \$1.75 (Qt.) \$3.50
27	House Special Soup	(Qt.) \$5.50

### Fried Rice

28	Plain Fried Rice	(Pt.) \$2.15 (Qt.) \$3.95
29	Vegetables Fried Rice	(Pt.) \$3.25 (Qt.) \$5.95
30	Roast Pork Fried Rice	(Pt.) \$3.50 (Qt.) \$6.50
31	Chicken Fried Rice	(Pt.) \$3.50 (Qt.) \$6.50
32	Shrimp Fried Rice	(Pt.) \$4.25 (Qt.) \$7.25
33	Beef Fried Rice	(Pt.) \$4.25 (Qt.) \$7.25
34	House Special Fried Rice	(Pt.) \$4.25 (Qt.) \$7.25

### Chow Mein

35	Vegetable Chow Mein	(Pt.) \$3.50 (Qt.) \$6.75
36	Roast Pork Chow Mein	(Pt.) \$3.95 (Qt.) \$6.95
37	Chicken Chow Mein	(Pt.) \$3.95 (Qt.) \$6.95
38	Shrimp Chow Mein	(Pt.) \$4.25 (Qt.) \$7.25
39	Beef Chow Mein	(Pt.) \$4.25 (Qt.) \$7.25

### Chow Fun / Mai Fun

40	Beef Chow Fun / Mai Fun	\$6.95
41	Chicken Chow Fun / Mai Fun	\$6.50

42	Roast Pork Chow Fun / Mai Fun	\$6.50
43	Shrimp Chow Fun / Mai Fun	\$6.95
44	Vegetable Chow Fun / Mai Fun	\$5.75
45	Singapore Mai Fun	\$7.50
46	Thai Mai Fun	\$7.50

### Lo Mein

47	Plain Lo Mein	(Pt.) \$2.60 (Qt.) \$5.25
48	Vegetable Lo Mein	(Pt.) \$3.25 (Qt.) \$6.25
49	Roast Pork Lo Mein	(Pt.) \$3.75 (Qt.) \$6.95
50	Chicken Lo Mein	(Pt.) \$3.75 (Qt.) \$6.95
51	Shrimp Lo Mein	(Pt.) \$4.25 (Qt.) \$7.25
52	Beef Lo Mein	(Pt.) \$4.25 (Qt.) \$7.25
53	House Special Lo Mein	(Pt.) \$4.25 (Qt.) \$7.25

### Poultry

68a	Sa Cha Chicken	order \$8.50
54	Chicken w. Broccoli	(Pt.) \$5.35 (Qt.) \$8.95
55	Chicken w. Green Beans	(Pt.) \$5.35 (Qt.) \$8.95
56	Moo Goo Gai Pan	(Pt.) \$5.25 (Qt.) \$8.95
57	Chicken w. Snow Peas	(Pt.) \$5.35 (Qt.) \$8.95
58	Sweet & Sour Chicken	(Pt.) \$5.25 (Qt.) \$8.95
59	Curry Chicken w. Onion	(Pt.) \$5.25 (Qt.) \$8.95
60	Chicken w. Vegetables	order \$8.50
61	Chicken w. Cashew Nuts	order \$8.50
62	Lemon Chicken	order \$8.50
63	Moo Shu Chicken(w. 4 pancakes)(no rice)	order \$8.50
64	Chicken Egg Foo Young	order \$6.95
65	Kung Po Chicken w. Peanuts	order \$8.50
66	Chicken w. Hot Garlic Sauce	order \$8.50
67	Szechuan Chicken	order \$8.50

68 Hunan Chicken 🍴 order **\$8.50**

## Pork

69 Roast Pork w. Broccoli (Pt.) **\$4.95**  
(Qt.) **\$8.75**

70 Roast Pork w. Chinese Vegetables (Pt.) **\$4.95**  
(Qt.) **\$8.75**

71 Roast Pork w. Mushroom (Pt.) **\$4.95**  
(Qt.) **\$8.75**

72 Roast Pork w. Snow Peas (Pt.) **\$4.95**  
(Qt.) **\$8.75**

73 Sweet & Sour Pork (Pt.) **\$4.95**  
(Qt.) **\$8.75**

74 Roast Pork w. Vegetables order **\$7.50**

75 Moo Shu Pork(w. 4 pancakes)(no rice) order **\$7.50**

76 Roast Pork Egg Foo Young order **\$6.95**

77 Shredded Pork w. Garlic Sauce 🍴 order **\$7.50**

78 Szechuan Roast Pork 🍴 order **\$7.50**

## Seafood

79 Shrimp w. Broccoli (Pt.) **\$5.45**  
(Qt.) **\$9.25**

80 Shrimp w. Green Beans (Pt.) **\$5.45**  
(Qt.) **\$9.25**

81 Shrimp w. Lobster Sauce (Pt.) **\$5.45**  
(Qt.) **\$9.25**

82 Shrimp w. Chinese Vegetables (Pt.) **\$5.45**  
(Qt.) **\$9.25**

83 Shrimp w. Snow Peas (Pt.) **\$5.45**  
(Qt.) **\$9.25**

84 Sweet & Sour Shrimp (Pt.) **\$5.45**  
(Qt.) **\$9.25**

85 Shrimp w. Cashew Nuts order **\$8.95**

86 Shrimp w. Vegetables order **\$8.95**

87 Moo Shu Shrimp(w. 4 pancakes)(no rice) order **\$8.95**

88 Shrimp Egg Foo Young order **\$6.95**

89 Kung Po Shrimp w. Peanuts 🍴 order **\$8.95**

90 Shrimp w. Hot Garlic Sauce 🍴 order **\$8.95**

91 Szechuan Shrimp 🍴 order **\$8.95**

92 Hunan Shrimp 🍴 order **\$8.95**

93 Hot & Spicy Shrimp 🍴 order **\$8.95**

## Beef

104a Sa Cha Beef 🍴

94 Beef w. Broccoli

95 Pepper Steak w. Onion

96 Beef w. Chinese Vegetable

97 Beef w. Snow Peas

98 Beef w. Green Beans

99 Beef w. Mushrooms

100 Beef w. Vegetables

101 Beef w. Hot Garlic Sauce 🍴

102 Hot & Spicy Shredded Beef 🍴

103 Szechuan Beef 🍴

104 Hunan Beef 🍴

## Vegetables

105 Vegetables w. Garlic Sauce 🍴 **\$6.25**

106 Broccoli w. Garlic Sauce 🍴 **\$6.25**

107 Sauteed Broccoli **\$6.25**

108 Buddhist Delight **\$6.25**

109 Vegetable w. Bean Curd **\$6.95**

110 Sauteed Green Beans **\$6.95**

111 Moo Shu Vegetable(w. 4 pancakes)(no rice) **\$6.95**

112 Fried Bean Curd w. Brown Sauce **\$6.95**

113 Vegetable Egg Foo Young **\$6.25**

## Side Orders

White Rice (Sm.) **\$1.50**  
(Lg.) **\$2.50**

Fried Noodles **\$0.75**

Fortune Cookies **\$1.00**

Almond Cookies **\$1.00**

Duck Sauce (1/2 pt.) **\$1.50**

Soda (can) **\$1.00**  
(2 liter) **\$2.75**

Extra Sauce: Duck, Soy or Mustard Sauce **\$1.00**

## Diet Health Menu

D1 Steamed Vegetables w. Chicken **\$5.95**

order **\$8.50**

(Pt.) **\$5.35**  
(Qt.) **\$9.25**

(Pt.) **\$5.45**  
(Qt.) **\$9.25**

(Pt.) **\$5.45**  
(Qt.) **\$9.25**

(Pt.) **\$5.45**  
(Qt.) **\$9.25**

(Pt.) **\$5.45**  
(Qt.) **\$9.25**

(Pt.) **\$5.45**  
(Qt.) **\$9.25**

order **\$8.50**

order **\$8.50**

order **\$8.50**

order **\$8.50**

order **\$8.50**

D2 Steamed Vegetables w. Shrimp **\$6.75**

D3 Steamed Vegetables & Bean Curd **\$5.25**

D4 Steamed Broccoli w. Chicken & Shrimp **\$6.25**

D5 Steamed Broccoli w. Chicken **\$5.95**

D6 Steamed Broccoli w. Shrimp **\$6.75**

## Chef's Suggestions

S1 Seafood Delight **\$10.75**

S2 Happy Family **\$10.25**

S3 Four Season **\$10.25**

S4 Dragon and Phoenix 🍴 **\$10.75**

S5 Beef & Scallops 🍴 **\$10.25**

S6 General Tso's Chicken 🍴 **\$8.95**

S7 Double Delight w. Garlic Sauce 🍴 **\$9.95**

S8 Subgum Wonton **\$10.25**

S9 Shrimp & Scallops 🍴 **\$10.25**

S10 Sesame Chicken 🍴 **\$8.95**

S11 Boneless Chicken w. Vegetable **\$8.50**

S12 Triple Delight **\$10.25**

S13 Chicken w. Orange Flavor **\$8.95**

S14 General Tso's Shrimp 🍴 **\$10.75**

S15 Crispy Shrimp 🍴 **\$10.75**

S16 General Tso's Chicken & Shrimp 🍴 **\$12.95**

S17 Hawaiian Chicken **\$9.25**

## Combination Plates

C1 Chicken Chow Mein **\$6.50**

C2 Shrimp Chow Mein **\$6.50**

C3 Roast Pork Egg Foo Young **\$6.50**

C4 Pepper Steak w. Onion **\$6.95**

C5 Roast Pork w. Chinese Vegetable **\$6.95**

C6 Shrimp w. Lobster Sauce **\$7.25**

C7 Bar-B-Q Spare Ribs **\$7.25**

C8 Moo Goo Gai Pan **\$6.95**

C9 Sweet & Sour Pork or Chicken **\$6.95**

C10a Chicken w. Broccoli **\$6.95**

C10b Beef w. Broccoli **\$6.95**

C11 Mixed Chinese Vegetables **\$6.50**

C12 Roast Pork or Chicken Lo Mein **\$6.50**

C13 Chicken w. Cashew Nuts **\$6.95**

C14	Kung Po Chicken w. Peanuts	\$6.95
C15	Shrimp w. Hot Garlic Sauce	\$7.25
C16	Chicken w. Hot Garlic Sauce	\$6.95
C17	Hot & Spicy Shredded Beef	\$6.95
C18	Boneless Spare Ribs	\$7.25
C19	General Tso's Chicken	\$7.25
C20	Shrimp w. Broccoli	\$7.25
C21	Boneless Spare Ribs & Chicken Fingers	\$7.50
C22	Chicken & Shrimp w. Broccoli	\$6.95
C23	Chicken w. String Beans	\$6.95
C24	Chicken Fingers	\$6.95

## Lunch Plates

L1	Chicken Chow Mein	\$4.75
L2	Shrimp Chow Mein	\$4.75
L3	Sweet & Sour Pork or Chicken	\$5.25
L4	Pepper Steak with Onion	\$5.25
L5	Roast Pork with Chinese Vegetable	\$5.25
L6	Shrimp with Lobster Sauce	\$5.35
L7	Boneless Spare Ribs	\$5.75
L8	Moo Goo Gai Pan	\$5.25
L9	Chicken with Broccoli	\$5.25
L10	Beef with Broccoli	\$5.35
L11	Hot & Spicy Beef	\$5.35
L12	Kung Po Chicken with Peanuts	\$5.25
L13	Sliced Chicken with Hot Garlic Sauce	\$5.25
L14	Jumbo Shrimp with Hot Garlic Sauce	\$5.35
L15	Broccoli with Hot Garlic Sauce	\$4.75
L16	Special Mix Chinese Vegetables	\$4.75
L17	Roast Pork Egg Foo Young	\$5.25
L18	Roast Pork Lo Mein	\$4.75
L19	Chicken Lo Mein	\$4.75
L20	Chicken with Cashew Nuts	\$5.25
L21	Shrimp with Broccoli	\$5.35
L22	General Tso's Chicken	\$5.75
L23	Sesame Chicken	\$5.75
L24	Chicken with String Beans	\$5.25
L25	Shrimp with String Beans	\$5.35
L26	Beef with String Beans	\$5.35
L27	Chicken & Shrimp with Broccoli	\$5.35

L28	Chicken with Vegetables	\$5.25
L29	Sauteed Broccoli	\$4.75
L30	Orange Chicken	\$5.75

## Luncheon Health Special

H1	Steamed Chicken with Vegetables	\$5.25
H2	Steamed Shrimp with Vegetables	\$5.35
H3	Steamed Mixed Vegetables	\$4.50
H4	Steamed Chicken & Shrimp w. Broccoli	\$5.35
H5	Steamed Chicken with Broccoli	\$5.25
H6	Steamed Shrimp with Broccoli	\$5.35

## Family Deal

Save More Than \$10 **\$29.95**